



NATIONAL
CHILDREN'S
ALLIANCE®

Youth with Problematic Sexual Behaviors

Course Overview

Delivery: Self-Paced Online Training Modules

Length: 2 hours

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I. Course Description:

As Children's Advocacy Centers (CACs) continue to evolve in their engagement with children, families, and communities, the question of how to address youth with problematic sexual behaviors has come to the forefront. National Children's Alliance (NCA) believes that CACs are well-suited to effectively serve communities in the response to problematic sexual behaviors. NCA created this online training resource to provide CACs with the tools to get started in providing a robust community-based response that will not only help keep children and families safe and healthy, but will also create opportunities to improve multidisciplinary team function and for CACs to position themselves as leaders nationwide on an often difficult and complex topic.

This course will provide an overview of youth with problematic sexual behaviors, discuss the CAC coordinated response, present the characteristics of evidence-based mental health treatment for problematic sexual behaviors, and provide guidance on engaging community stakeholders. It aims to dispel myths and misconceptions about youth with

problematic sexual behaviors and to help CACs understand that they can and should serve this population

II. Learning Objectives:

- a. Understand the dynamics of youth with problematic sexual behaviors and how these differ for normative behaviors or “sex play”
- b. Learn the truth behind the many myths and stigmas facing youth with problematic sexual behaviors and their families
- c. Understand why CACs are well-suited to serve these children and families and learn about special considerations for CACs planning to implement this response
- d. Learn the components of Problematic Sexual Behavior Cognitive Behavioral Therapy and how it compares with other treatment modalities often administered in the CAC environment
- e. Learn strategies for effectively engaging community partners in creating a robust system response to youth with problematic sexual behaviors

III. Target Audience:

This training is designed for CAC professionals and multidisciplinary team partners who are considering establishing a CAC response to children and families confronted by the ramifications of problematic sexual behaviors.

IV. Course Format:

This series of online modules will provide information addressing specific issues for CAC professionals and multidisciplinary partners. Each module contains the following:

- ✓ Video presentation (blended interviews and lecture)
- ✓ Fact sheet relevant to module topic
- ✓ Short 8-10 question quiz to assess knowledge gained

There will be a separate tab with a collection of resources to add to the knowledge acquired during the training.

To receive a certificate of completion you will need to complete all modules and receive an 80% or greater on all quizzes. Once all of these requirements are met you will be able to print out a Certificate of Completion from the eLearning portal.

V. Learning Modules:

Module	Instructor	Topics	Length
Overview of Problematic Sexual Behaviors	Jane Silovsky	<ul style="list-style-type: none">✓ Dynamics of PSB vs. normative behavior✓ Myths and stigmas✓ The development of PSB	30 mins
Special Considerations for CACs	Kim Day and Libby Ralston	<ul style="list-style-type: none">✓ CAC fit for responding to PSB✓ NCA Standards for Accreditation and PSB✓ Special considerations for CACs	30 mins
Treatment Response	Jane Silovsky	<ul style="list-style-type: none">✓ Research base for PSB-CBT✓ PSB-CBT comparison to other treatments✓ Considerations for providers	30 mins
Community Engagement	Elizabeth Ciesar	<ul style="list-style-type: none">✓ Expanding the multidisciplinary team✓ Strategies for engaging community stakeholders✓ Considerations for caregivers and children	30 mins

VI. Certificates of Completion

Upon completion of the final quiz, you will receive a certificate of completion.